



Peach Care Services
because we love to care

www.peachcareservices.com

NEWSLETTER

JUNE 2026

PEACH NEWS

Exciting News! Peach Care is officially joining the Milton Keynes EHCP+ Short Breaks framework. In August, we will be delivering a number of fully accessible sessions designed to help children and young people try new things, build independence, and make new friends.

Our team is putting together a diverse range of 1-hour sessions, allowing you to mix and match activities based on your child's favourite interests.

These will include -

Music Group: a high-energy, sensory-friendly space for exploring instruments and sound.

Drama Workshops: Fun, confidence-boosting games and storytelling.

Arts & Crafts: Creative, hands-on projects (and plenty of messy fun!).

Nature Walks: Low-demand, sensory walks exploring our local wildlife and outdoor spaces.

LONELINESS AWARENESS WEEK 15th- 21st June 2026

This month, we are shining a light on Loneliness Awareness Week. In our line of work, we see firsthand the profound impact that isolation can have on a person's well-being. Caring for our wonderfully diverse family of clients, from children with additional needs to our oldest, most treasured client at 102 years young, has taught us one universal truth - **human connection is everything**.

For many in our community, loneliness is a daily reality. Our dedicated carers often step in to fill those quiet gaps, sometimes being the only friendly face a person sees all day. We don't take that responsibility lightly. We know just how vital our roles are, not just for physical support, but for the shared laughter, the listening ears, and the genuine companionship that brightens a person's day.

We don't just want to talk about connection; we want to create it. That's why, on the last Friday of every month, we open up our office doors to our senior clients for our beloved Friday Socials.

It's a lively, warm afternoon designed to break the routine and bring people together. What to expect:

- Live Musical Entertainment
- Games & Bingo
- Tea & A Chat Plenty of tea, biscuits, and wonderful conversations.

Everyone is welcome to attend!

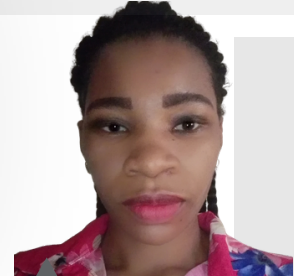
Whether you are a long-time client or someone looking to connect with new friendly faces, our doors are open.

If you or a loved one would like more information about attending our next Friday Social or about how our care services support companionship, please reach out to our office team.

HAPPY FATHER'S DAY Sunday 21st June 2026

This month, we want to wish a very Happy Father's Day to all the wonderful fathers, grandfathers, great-grandfathers, and father figures in our care community—including our remarkable senior clients, some of whom have spent over a century sharing their wisdom and love with the generations that followed.

We also want to send a special shout-out to the incredible dads on our team and our male carers. Every day, we see your dedication and patience. You do not go unnoticed.



STAFF OF THE MONTH

A massive congratulations to Norah, our well-deserved Staff of the Month!

Norah consistently receives glowing feedback from our clients, highlighting the meaningful relationships she builds with those she visits.

Thank you, Norah, for your unwavering dedication and for representing our company and values in such a beautiful, positive way. We are incredibly lucky to have you on our team!

Congratulations



POLICY OF THE MONTH

Lone Working Policy

This policy outlines the way Peach Care Services aims to safeguard the health, safety, and welfare of employees working in isolation.



READ MORE

OUR JOURNEY TO OUTSTANDING

by Ann Collins



I cannot believe we are nearly halfway through the year! It has been incredibly busy, but the success of our recent Carers Connect event reminds me of the fantastic work this team does every day. The wonderful feedback we are receiving from service users and professionals is a true testament to your dedication.

CQC Standards & Our Journey to Outstanding

The Care Quality Commission (CQC) regulates adult health and social care in England to ensure services meet essential quality and safety standards.

Peach Care Services is proud to hold a "Good" rating. However, our ambition is to reach "OUTSTANDING". Achieving this requires a collective effort not just to meet, but to exceed expectations. As carers on the frontline, we are on this journey together.

Here is how you can ensure we hit these targets in your daily work:

- Is it Safe? Protect service users from avoidable harm. Follow safeguarding policies, report concerns immediately, wear required PPE, maintain hygiene, and strictly follow medication protocols. Always log in and out on time to ensure consistent, high-quality care.
- Is it Effective? Deliver the best outcomes. Follow care plans accurately, apply your specialist training (e.g., Autism, PEG feeding, end-of-life care), and support nutrition and hydration. Keep clear, factual logs of only what you observe or do.
- Is it Caring? Treat everyone with kindness, compassion, and dignity. Be patient, always knock or alert service users before entering, address them by their preferred names, and actively listen to their wishes.
- Is it Responsive? Help us adapt to changing needs. Use the BIRDIE app to instantly record and report any changes in health, mood, or appetite to the management team so we can update care plans swiftly.
- Is it Well-Led? Foster a positive, open culture. Participate in team meetings and supervisions, practice the Duty of Candour by being honest when things go wrong, and always uphold the values of Peach Care Services.

HAPPY PRIDE MONTH

June is Pride Month, a month dedicated to celebrating love, diversity, and the freedom to be exactly who you are. As a care company, our mission is built on a foundation of absolute acceptance. We care for a diverse group of individual and while their lives, backgrounds, and needs are all uniquely different, they all share the exact same fundamental right: to be seen, valued, and treated with dignity, free from judgment.

For us, pride is reflected in how we deliver care every single day. No matter your background, identity, differences, or needs, our doors are always open to you.

True connection can only happen when people feel safe enough to be authentic. By fostering an environment where everyone is accepted without question, we can help break down the walls of discrimination and isolation.

Health and Wellbeing Corner: Our Need for Connection

Feeling lonely is a completely natural human emotion—it's simply our brain's way of telling us we need more connection, just like hunger tells us we need food.

If you are feeling isolated, the thought of going out to meet brand-new people can feel completely overwhelming. Instead, lower the pressure by looking backwards. Go through your phone contacts or social media and pick one person you haven't spoken to in a while, an old friend, a former colleague, or a relative.

Send a quick, casual text: Reconnecting skips the awkward "getting to know you" phase and instantly revives a comforting, familiar bond.

A Gentle Reminder: You are never a burden for needing connection. If you are struggling, please reach out to someone you trust or contact our office team. We are always here to listen.

WHAT OUR CLIENTS HAVE TO SAY....

I must tell you that the family could not praise Peach Care enough and wants to promote your company. They in particular mentioned Vanessa and also Norah as to how wonderful you are.

*Feedback from a family
Social Worker*

HELPFUL TIPS

MICRO CONNECTIONS

Shift a task from something you do for someone to something you do with them, and bring back a sense of partnership and purpose.

How to do it:

- While making a cup of tea, ask them exactly how they like it, or ask about the history of their favourite mug.
- While preparing a meal or tidying up, ask for their advice on a recipe, or have them choose a radio station so you can listen to music together.
- If a client has limited mobility or verbal communication, simply narrating what you are doing in a warm, conversational voice makes them feel included in the room.

JUNE BIRTHDAYS

STEPHANIE

We hope you had a wonderful day. Happy Birthday from everyone at Peach Care.